



MANLY WARRINGAH
TOUCH ASSOCIATION

RETURN TO PLAY PROTOCOLS FOR PLAYERS, COACHES, PARENTS & SPECTATORS

PLAYERS, COACHES AND SPECTATORS ARE ENCOURAGED TO ADOPT THE - Get In. Play and Get Out - APPROACH. In addition, the following are the minimum requirements for everyone to consider at Touch Football competitions:

- Remain at home if feeling unwell
- If you are a member of a high-risk category, reconsider your participation in Touch Football
- Download the COVIDSafe app and ensure it's functional while at the venue
- Prior to attending, assess if you are essential to the delivery of the game - spectators must be kept to a minimum at all times to assist with social distancing
- Prior to your game, review game time and venue info to reduce your time at the venue
- Make sure you arrive at the venue ready to play
- Upon arrival and prior to participating in a match, ensure you have thoroughly washed or sanitised your hands with products provided at the fields
- Avoid the use of change rooms, bathrooms and communal areas
- Cover your mouth with your elbow to cough or sneeze
- Avoid touching your face
- Do not spit or clear your nasal passages
- Maintain social distancing by avoiding team huddles and congregating in groups before, during or after your match
- No communal team water bottles or shared items such as jerseys, bibs or towels
- Avoid unnecessary contact with other participants, such as high-fives, handshakes and hugs
- Shower at home instead of at the venue
- Wash and disinfect footballs, cones and any other equipment before and after training and matches
- Complete tasks at home wherever possible, such as meetings or recovery sessions
- Parents/guardians, please limit drop-off and pick-up to only one parent/guardian and other dependents as required and necessary
- Spectators are not encouraged. Supervision of minors must be done from one's own vehicle, if possible. If not, social distancing is required at all times



**IF YOU ARE TESTED FOR COVID-19, IMMEDIATELY NOTIFY OUR
COVID SAFETY COORDINATOR SAFETY@MANLYTOUCH.COM
DEVELOPED BY TFA IN CONJUNCTION WITH DR PAUL GRIFFIN,
DIRECTOR OF INFECTIOUS DISEASES AT MATER
READ TOUCH FOOTBALL'S DETAILED SAFE RETURN-TO-PLAY PROTOCOLS AT
WWW.TOUCHFOOTBALL.COM.AU/CORONAVIRUS-RETURN-TO-PLAY
ISSUED JUNE 2020**

